



Statement on Coronavirus (COVID-19)

Mental Health Solutions is committed to maintaining the health and safety of our patients, our employees, and our community. For that reason, we have **CLOSED** our clinic to in-person appointments until further notice. Clinicians will be checking voicemails, emails, and patient portal messages and responding to patient concerns.

How to Slow the Spread of Coronavirus (COVID-19)

Public health officials continue to recommend that the best approach to addressing the Coronavirus (COVID-19) is to take everyday precautions to stop the spread of respiratory disease including Social Distancing.

The CDC recommends the annual Influenza vaccination for everyone 6 months and older to reduce comorbid illness.

Other actions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including Coronavirus (COVID-19).
 - Facemasks should be used by people who show symptoms of Coronavirus (COVID-19) to help prevent the spread of the disease to others. However, if you are experiencing symptoms, you should cancel your appointment in our clinic
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

For more information on Coronavirus (COVID-19):

- [CDC Fact Sheet](#)
- [CDC Coronavirus Information - Index](#)
- [Wisconsin DHS Coronavirus \(COVID-19\) Information](#)

For more information on Mental Health Solutions:

- Visit our [Website: www.mhsolutions.com](http://www.mhsolutions.com)
- Visit our Facebook Page: Mental Health Solutions Madison