

Mental Health Solutions – Medication Informed Consent

Name of patient _____

During the course of treatment, medication from the list below may be prescribed. Signature below acknowledges that this information was received. You may ask for additional medication information at any time. Some of the medications may not be approved by the FDA for certain uses and/or age groups.

ANTIDEPRESSANTS - The FDA would like us to warn you that antidepressants can cause suicidal thoughts and attempts in children, teenagers, and young adults. Please talk with your doctor about this. Do not stop antidepressants suddenly. Notify your doctor immediately if agitation or suicidal feelings occur.

_____ **Selective Serotonin Reuptake Inhibitors (SSRIs) - - Prozac, (fluoxetine); Symbiax (fluoxetine/olanzapine); Lexapro (escitalopram); Celexa (citalopram); Zoloft (sertraline); Paxil, Paxil CR, Pexeva (paroxetine); Luvox, Luvox CR (fluvoxamine); Viibryd; Trintellix**

Uses: Depression, anxiety, premenstrual syndrome, irritability, posttraumatic stress disorder, obsessive-compulsive disorder

Common side effects: Nervousness, restlessness, trouble sleeping, drowsiness, hand shaking, sweating, poor appetite, weight loss, nausea, diarrhea, dizziness, and poor sexual desire or performance. Prozac and Paxil may interfere with many medications.

Infrequent side effects: Palpitations, headaches, yawning, stomach cramping, weight gain, vivid dreams, serotonin syndrome. Disinhibition in young children.

_____ **Serotonin/Norepinephrine Reuptake Inhibitors (SNRIs) - - Effexor (XR) (venlafaxine); Pristiq (desvenlafaxine); Cymbalta (duloxetine); Fetzima**

Uses: Depression, anxiety, pain in depression, diabetic pain

Common side effects: Agitation, drowsiness, nausea, blurred vision, rapid heartbeat, headache, dizziness

Infrequent side effects: Difficulty urinating, constipation, vivid dreams, sweating, increases in blood pressure/heartbeat, poor sexual desire/performance, weight gain

Caution: Do not stop these medications suddenly. Do not use these medications if you have untreated narrow angle glaucoma.

_____ **Dopamine/Norepinephrine Reuptake Inhibitor - - Wellbutrin, Wellbutrin SR, or Wellbutrin XL (bupropion HCl) - - Dose range: Up to 450 mg**

Uses: Depression, attention-deficit / hyperactivity disorder, diminishing sexual side effects from antidepressants, smoking cessation (Zyban)

Common side effects: Agitation, tremor, anxiety, headache, constipation, dry mouth, trouble sleeping, irritability

Infrequent side effects: Rash, metallic taste, change in food taste, ear ringing Rare side effects: Modest weight loss, seizures

Caution: Not usually used in patients who are severe alcoholics, actively bulimic, or have uncontrolled seizures.

_____ **Tricyclics - - nortriptyline, amitriptyline, desipramine, imipramine, clomipramine, doxepin**

Uses: Depression, anxiety, chronic pain, bedwetting, trouble sleeping, stress bladder problems

Common side effects: Drowsiness, dizziness, dry mouth, constipation, increased appetite, weight gain

Infrequent side effects: Dental cavities, bad breath, difficult urination, fainting, low blood pressure Rare side effects: Sunburn, seizures, heartbeat abnormalities

Caution: Blood testing and EKG may be necessary to help ensure safety. Do not take with alcohol.

_____ **Remeron, Remeron Soltabs (mirtazapine) - - Dose range: Up to 60 mg**

Uses: Depression, anxiety, poor sleep, appetite loss, stomach upset

Common side effects: Drowsiness, dizziness, appetite increase, weight gain

ANTI-SEIZURE / MOOD STABILIZERS

_____ **Depakote, Depakote ER (valproic acid); Tegretol, Tegretol XL, Carbatrol, Equetro (carbamazepine); Lamictal (lamotrigine);**

Trileptal (oxcarbazepine); Neurontin (gabapentin); Topamax (topiramate)

Uses: Bipolar disorder, mania, anger management, treatment-resistant depression, anxiety, chronic pain, seizures

Common side effects: Drowsiness, slowed thinking, nausea, hand shaking, weight gain, decreased effectiveness of some birth control

Infrequent side effects: Diarrhea or constipation, dry mouth, loss of appetite, weight loss, ear ringing

Rare side effects: Severe life-threatening rash, sore throat, mouth sores, bruising, unusual bleeding, ovary cysts, hormone changes, liver damage, impaired blood production. Seizures may occur in psychiatric patients taking Gabitril. If a rare side effect occurs, stop your medication and notify your doctor immediately.

Caution: Blood testing is required for some mood stabilizers to ensure proper dosage and to help prevent serious side effects to your liver and blood production.

ANTIPSYCHOTIC / MOOD STABILIZERS

_____ **Haldol (haloperidol); Prolixin (fluphenazine); Stelazine (trifluoperazine); Orap (pimozide); Thorazine (chlorpromazine); Risperdal, Risperdal M-tab, Consta (risperidone); Zyprexa, Zydis (olanzapine); Seroquel, Seroquel XR (quetiapine); Clozaril (clozapine); Geodon (ziprasidone); Abilify (aripiprazole); Invega; Fanapt; Saphris; Latuda; Rexulti, Vraylar**

Uses: Psychosis, mania, antidepressant augmentation, severe anxiety, agitation, impulsivity

Common side effects: Drowsiness, dizziness, weight gain, dry mouth, constipation, blurred vision, hand shaking, muscle spasms, shuffling walk, decreased sweating and sunburns

Infrequent side effects: Difficulty urinating, fainting, rashes

Rare side effects: Diabetes, priapism, high cholesterol and triglycerides, high blood sugar, neutropenia, prolactin increase (menstrual changes, breast development with breast milk), possible risk of stroke in the elderly, Tardive dyskinesia (long-term twitching of face, tongue, neck and body), Neuroleptic Malignant Syndrome (fever, muscle pain and damage, kidney damage and severe tiredness, can be fatal)

Caution: For clozapine, blood testing is required to help prevent possible fatal blood abnormality. For Geodon, Thorazine, and Orap, severe heartbeat problems can occur.

ANTIPARKINSONIAN AGENTS

_____ **Cogentin (benztropine); Artane (trihexyphenidyl); Benadryl (diphenhydramine); Symmetrel (amantadine)**

Uses: Muscle spasms and restlessness from antipsychotic medications

Common side effects: Dizziness, dry mouth, constipation, blurry vision, large pupils, nausea, agitation, rapid heartbeat

Infrequent side effects: Difficulty urinating, fever, poor sweating, low blood pressure, confusion, hallucinations

LITHIUM

_____ **Lithium, Lithium ER, Lithobid, Eskalith CR, Lithium Carbonate, Lithium Citrate - - Dose range: Up to 1500 mg**

Uses: Bipolar Disorder, mania, treatment-resistant depression

Common side effects: Nausea and vomiting, diarrhea, hand shaking, thirst, frequent urination, dizziness, weight gain

Infrequent side effects: Drowsiness, confusion, slurred speech, weakness, hand and feet swelling, rashes Rare side effects: Kidney and thyroid damage

Caution: Blood testing must be done to ensure proper dosage and to help prevent kidney and thyroid damage. Do not take with NSAIDS such as ibuprofen, naproxen, and others

ANTI-ANXIETY

 Benzodiazepines -- Xanax, Xanax XR (alprazolam); Ativan (lorazepam); Klonopin (clonazepam); Valium (diazepam); Librium (chlordiazepoxide); Halcion (triazolam); Restoril (temazepam)

Uses: Anxiety, agitation, insomnia, restless legs, muscle spasms, seizures, alcohol withdrawal

Common side effects: Drowsiness, clumsiness, unsteadiness, and dizziness

Infrequent side effects: Blurred vision, memory loss, confusion, poor concentration, constipation, difficulty urinating, nausea, slurred speech, and distorted perception

Caution: May be habit-forming or addictive. May increase risk of dementia in the elderly. May contribute to fall risk. Do not stop this medication suddenly. Do not take with alcohol, Listerine, Nyquil, or liquid cold remedies. Do not operate vehicles or heavy machinery if drowsy or unsteady.

 BuSpar (buspirone) -- Dose range: Up to 60 mg

Uses: Anxiety, enhancing antidepressants, diminishing sexual side effects from antidepressants

Common side effects: Dizziness, headache, drowsiness Infrequent side effects: Trouble sleeping, agitation

 Beta Blockers -- Inderal (propranolol); Lopressor (metoprolol)

Uses: Anxiety, performance anxiety, tremors, agitation

Common side effects: Drowsiness, dizziness, fatigue, constipation

Infrequent side effects: Low blood pressure, confusion, asthma flare up, depression

ATTENTION ENHANCING MEDICATIONS

 Stimulants -- Adderall, Adderall XR, (mixed d-amphetamine salts); Dexedrine, Dexedrine Spansules, ProCentra, Zenzedi (d-amphetamine); Vyvanse; Evekeo; Mydayis; Concerta (methylphenidate ER); Ritalin; Ritalin LA; Ritalin SR; Metadate CD; Daytrana Patch (methylphenidate); Focalin, Focalin XR (dexamethylphenidate); Quillivant XR

Uses: Attention-deficit / hyperactivity disorder, depression, severe sleepiness; binge-eating disorder (Vyvanse only)

Common side effects: Poor appetite, anxiety, trouble sleeping

Infrequent side effects: Weight loss, dizziness, headache, nausea, rapid heartbeat, increase in blood pressure, increased tics, irritability, rebound moodiness

Rare side effects: Slowed growth in children, seizures, chest pain, abnormal heart rhythm

Caution: Can be addictive if abused. Caffeine, nicotine, and cold and allergy medications containing pseudoephedrine should be avoided.

 Non-Stimulant -- Strattera (atomoxetine) -- Dose range: Up to 120 mg

Uses: Attention-deficit / hyperactivity disorder, delayed bladder training, stress bladder problems, enhancing antidepressants

Common side effects: Nausea, drowsiness, dizziness, difficulty urinating

Rare side effects: Irritability, insomnia, liver damage, sudden death (let the doctor know if this runs in your family)

 Alpha 2 Agonists / Alpha 1 Antagonists -- Catapres, Kapvay (clonidine); Tenex, Intuniv (guanfacine, guanfacine ER); Minipress (prazosin)

Uses: Attention-deficit / hyperactivity disorder, oppositional defiant disorder, aggression, agitation, anxiety, restlessness, impulsivity, insomnia, nightmares

Common side effects: Drowsiness, dizziness, slow or rapid heartbeat, weakness Infrequent side effects: Low blood pressure, confusion

Caution: Do not stop these medications abruptly. They should always be tapered gradually to discontinue.

WAKEFULNESS PROMOTING MEDICATIONS

 Provigil, Attenace (modafinil); Nuvigil (armodafinil) -- Dose range: Up to 400 mg

Uses: Severe sleep disorders of narcolepsy, obstructive sleep apnea, and shift work, severe medical fatigue, severe fatigue and sleepiness in depression

Common side effects: Sleep difficulties, headache, dry mouth, dizziness, may reduce effectiveness of birth control

ANTIENURESIS AGENT

 DDAVP (desmopressin) -- Dose range: Up to 0.6 mg

Use: Bedwetting when proper nighttime bladder hygiene and training are not successful

SUBSTANCE USE TREATMENT

Uses: Alcohol relapse prevention; Opiate withdrawal and relapse prevention. These agents should be used with a recovery program

 Suboxone -- Side effects: Drowsiness, dizziness, constipation, headache, nausea, vomiting. Do not use with benzodiazepines

 Antabuse (disulfiram) -- Use of alcohol or products containing alcohol will cause flushing, nausea, vomiting, fainting, and life-threatening rapid heartbeat

 Campral (acamprosate) -- Common side effect: Diarrhea

 Naltrexone -- Common side effects: Reduction of pain relief from painkillers, stomach upset. Rare side effects: Confusion, drowsiness. Large doses can cause liver damage with bleeding, bruising, yellow eyes and skin

SLEEPING AGENTS

Uses: Temporary sleep aids (except Lunesta which may be used long term)

 Non-benzodiazepines -- Ambien, Ambien CR (zolpidem); Sonata (zaleplon); Lunesta (eszopiclone); Belsomra

Common side effects: morning drowsiness

Rare side effects: Addiction, sleep related behaviors (sleep walking, talking, eating, or driving)

 Trazodone -- Dose range: Up to 600 mg

Uses: Non-addictive sleeping aid, depression

Common side effects: Drowsiness, dizziness, dry mouth, morning sedation, headache

Rare side effect: Unwanted painful male erection (priapism)

 Sedating Antihistamines -- Atarax (hydroxyzine); Benadryl (diphenhydramine)

Uses: Itching, nausea, vertigo, allergies, anxiety, agitation, sleep difficulty

Common side effects: Dizziness, drowsiness, constipation

Rare side effects: Increase in agitation or confusion

Signature below indicates that I (or my Guardian) have been provided with specific, complete and accurate information and time to study the information or to seek additional information concerning the proposed treatment made necessary by and directly related to the mental illness. This information includes: The benefits of the proposed treatment and services; The way the treatment is to be administered and the services are to be provided; The expected treatment side effects or risks of side effects which are a reasonable possibility, including side effects or risks of side effects from medications; Alternative treatment modes and services; The probable consequences of not receiving the proposed treatment services; and The right to withdraw informed consent at any time, in writing. I understand that some of the medications may be prescribed for conditions or age groups not approved by the FDA. **Any of the above drugs may be associated with an increased risk of suicide.**

Patient: _____ **Parent/Guardian** _____ **Date** ____/____/____

Signature for all patients 14 years and above